

Alternative medicine advancement in the past decade

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As we start the second decade of the 21st century, there are many lists of all the important things of the past decade. One item that came up in one of these [lists](#), is the rise of alternative medicines.

It has been an important decade of progress that has brought great benefits to patients through the increased access to quality alternative medical care. Acupuncture and herbal medicine are leading the way in this regard.

Laws have changed in several states. [Michigan](#) and [Kentucky](#) are a couple of states that have gained licensure for acupuncturists. Several other states were able to get expanded scopes of practice for acupuncturists.

The U.S. Military and V.A. medical system have embraced acupuncture as cost effective medicine. a White house [commission](#) recommended greater integration of Alternative medicines into U.S. healthcare.

Research into alternative medical practices has helped increase awareness and coverage by more insurance programs. It has also been important for a push to get acupuncture covered under Medicare.

Specialties in traditional medicine including “acupuncture facelifts” and a [national board certification for practitioners who work with infertility](#) has shed light on the versatility of acupuncture in medicine. In combination with more alternative medicine practitioners working in hospitals, reduced cost health clinics and in integrative medical practices, Acupuncture and traditional medicines of all sorts have made a positive impact to our healthcare system. This has been helping Americans live healthier lives and find the medical answers that they need. Lets hope it continues into the next decade.

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